

London and South East CYP-IAPT Learning Collaborative

Top Tips for using tools in clinical practice

Produced by professionals at London and South East CYP IAPT Learning Collaborative
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CHILDREN

- Language translation
- Using verbal feedback/ physical enactment (rather than paper measures)
- Weaving questionnaire items into a conversation (then recoding later)
- Using colourful graphs- making outcomes meaningful
- Using iPads rather than paper/ drawing pictures
- Taking a genuine interest in getting session feedback from kids- remembering this will help improve practice

SOCIAL WORKERS (during consultation)

- Think about language: To help us keep on track, let's set a goal for this consultation. It's OK if there's more than one but it's helpful to work on one at a time.
- Making links between psychological language and social working language: e.g. 'permanency' vs 'security', 'attachment'. 'Life story work' vs 're-storying/narrative work'.

FOSTER CARERS

- Selling measures early on- one of the most important factors in outcomes for children is how resourced/well equipped the carer feels- important for us to keep track/ check I'm giving you the right support.
- Converting goals relating directly to child to goals relating to the FC.

OTHER STAFF

- Idea about getting IRO's to understand more about the work of a clin psy- idea of outcome measures.
- More communication about the use of measures within the system.
- Weaving outcome measures discussions into referral meetings.
- Incorporating outcome measure collection into what is already happening in the child's life- LAC reviews, LAC nurse appointments, LAC medicals, PEPs, PPM's.
- Making measures obviously available- easy to grab
- Updating other clinicians during team meetings- weaving measures into typical case discussion.