

# Course Guide

## Postgraduate Certificate in CYP IAPT Management and Leadership



### Overview

This Postgraduate Certificate programme provides specialist post-qualification training for children and young people's mental health service managers and clinical leads within the CYP IAPT model and in line with the wider developments in Future in Mind.

The programme aims to provide managers and clinical leads with the necessary background knowledge and understanding to implement change within their children and young people's mental health services service, the practical tools to manage this change effectively and a framework for reflective practice and evaluation of the implementation process.

Graduates of this programme will develop their skills in leading service change to deliver evidence based, quality driven, outcomes informed services. They will gain critical knowledge of the theoretical, research and implementation literature that underpins such service change, and will be well placed to make the necessary changes within their children and young people's mental health service.

Postgraduate Training courses in CYP IAPT Therapy, Supervision and Leadership are offered for existing staff as part of the CYP IAPT national service transformation programme to improve the effectiveness of psychological services for children and young people.

The CYP IAPT training courses are founded on curricula developed through the national CYP IAPT programme by working groups of experts in their field, and in turn delivered by leading academics and clinicians at world class training organisations:

[University College London](#) is one of the foremost teaching and research institutions in the world, consistently placed in the global top 20 in a variety of world rankings.

[Anna Freud National Centre for Children and Families](#) is a children's charity with a commitment to the emotional wellbeing of children. A centre of practice and a centre of learning.



## CYP IAPT

The CYP IAPT programme is a whole service transformation model that seeks to improve the quality of children and young people's mental health services. As such, it is different from the adult IAPT model, which is focused on setting up new services. The principles behind CYP IAPT underpin the development and delivery of the 'Local Transformation Plans' and run throughout 'Future in Mind'.

CYP IAPT seeks to improve services to children, young people and their families through:

- **Better evidence based practice** - Increasing the availability and knowledge of best evidence based interventions
- **Better collaborative practice** - Goal focused and client centred interventions, using feedback tools to facilitate better working between mental health professionals and families and young people using feedback tools leading to more personalised care
- **Better service user participation** - Children young people and their families having a voice and influence at all levels of the organisation
- **Better Cross Agency Working** - Encouraging and supporting cross agency collaboration between Health, Social Care and Voluntary and Independent sectors
- **More accountable services** – through the rigorous monitoring of clinical outcomes to be able to share outcomes with young people and families and demonstrate effectiveness to commissioners
- **Increased awareness** – working in partnership with organisations delivering mental health services, and those in other sectors working with young people and families to increase understanding of the importance of emotional well-being and decrease stigma.

**A key component of the programme, which drives the change in clinical practice at the heart of CYP IAPT, is the therapist, supervisor and leadership postgraduate diplomas and certificates.**

## What does training involve?

The CYP IAPT management and leadership course is a one year course starting in late 2018 for clinical leads, service managers, team leads, commissioners etc. working in services committed to the improvement and transformation of children and young people's mental health services and systems and the implementation of CYP IAPT principles and practices.

We welcome candidates from children and young people's mental health services - these might be voluntary and third sectors, NHS, and local authority.

The course is made up of 12 formal teaching days spread over the year, and four study days.

The course combines academic teaching through lectures, seminars and small group tutorials that are highly tailored to working managers and clinical leaders.

## Course Summary

The CYP IAPT Management and Leadership Course aims to support Managers and Clinical Leaders to implement improvement and transformation of children and young peoples mental health services and systems in line with the recommendations set out in Future in Mind and particularly the implementation of CYP IAPT principles and practices.

The course is delivered by highly experience public sector and children and young peoples mental health managers and leaders and is based on real life experience in child mental health and well-being services.

The course firstly aims to be a resource for managers and clinical leads in achieving locally determined goals. In this way, the intention is to ensure that the teaching, the small group work and the assignments are all designed to support real world challenges and planned change rather than being an additional academic burden to participants who already have to manage high levels of demand with their work settings.

Secondly, there is an assumption that all the managers and clinical leaders on the course are highly experienced in child mental health service provision. The intention of the course is to enable managers and clinical leads to reflect on their own knowledge and expertise and to apply their previous experience in the implementation of Future in Mind and the CYP IAPT programme.

Thirdly, the course aims to facilitate learning amongst the managers and clinical leads by enabling learning about each other's services and by facilitating joint problem solving around implementation and service improvement/transformation.

At the end of the course candidates will be able to demonstrate knowledge and a critical understanding of:

1. The CYP IAPT programme
2. Intensive Outcomes Monitoring
3. Increasing young people's participation in the service
4. Referral systems and Care pathways
5. Systemic theory around organisational change
6. Key findings from Implementation Science
7. Reflective practice as a leader and manager of a service
8. Implementation science and change management processes and tools

- **Assessments:** Written and oral assignments, project report and descriptive analysis

- **Location:** The Tavistock and Portman

## Entry Requirements

Normally a minimum of a second-class Bachelor's degree from a UK university or an overseas qualification of an equivalent standard in a relevant subject (e.g. psychology) and/or a registrable professional qualification in a relevant subject (e.g. medicine, psychology, social work) from a UK university or overseas professional qualification of an equivalent standard.

Candidates without a degree, but with a minimum of three years professional experience in a CAMHS (or equivalent) setting together with a relevant professional qualification will also be considered.

## Application Deadlines

**The final deadline for applying to the CYP IAPT Management and Service Leadership course is 16th June 2017.**

Interviews will be held on 4th July

Successful candidates will need to attend the CYP IAPT training launch event on 20th October 2017.

## Next steps

If you are interested in this training, you can register your interest on the [collaborative website](#).

You will receive updates and information about how to apply, as well as the requirements that need to be in place before you start the course.

## Information

Find course brochures, videos, student testimonials and application information on our website: [cypiapt.com/postgraduate-cyp-iapt-training/](http://cypiapt.com/postgraduate-cyp-iapt-training/)

There are a limited number of places available



#### Contact Details

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