



## TIPS ON TRANSFORMATION PLANNING

**We are still waiting for the official guidance on developing transformation plans from NHS England – this shouldn't stop you doing some planning in the meantime. Here are some tips and thoughts that will help you begin or continue your thinking based on what we think is likely to be needed in the plans.**

- 1. Start with what you already have** – all CCGs should already have a CAMHS strategy in place, and many will have recently completed a review of CAMHS across the patch – use these as a starting point for the transformation plan
- 2. Think outside your own bit of the system** – think about what will really make a difference to children's lives - even though this may be outside of your current commissioning arrangements. This is an opportunity to develop new services and new ways of delivering input e.g. building knowledge of child mental health in schools, community interventions,
- 3. Think Big - This is a major opportunity to integrate your local health economy.**  
There may not be a lot of extra funding, but working together more closely may reveal duplicated activity that can be reinvested elsewhere. Any savings made should be locked into the system, not channelled to address deficits outside of CYP mental health provision
- 4. Involve the people whom the service is for** - Children, young people, parents and carers, as well as service providers and commissioners need to be involved.  
As services, you're likely to have access to groups of young people and parents and carers more than ready to develop transformation plans.
- 5. Look to Fill Gaps in Provision** - Map the local system of care providers and how they fit together – the gateways are important too. How do the providers fit together, and could these be improved with certain interventions. For example, the Collaborative is developing a proposal to train teachers around mental health – what help is available locally, and what to look out for in their pupils – as well as training young people do support the emotional wellbeing of their peers. Training for parents to enable them to be more approachable for young people with questions about mental health would improve this too.
- 6. Think in terms of 5 year plans, and then further into the future.**  
This is an opportunity to use arguments that demonstrate savings further down the line from investment now; the spend to save model.  
Plans are expected to be assured by September for the money to be allocated so the first 6 months (the second half of the financial year) is about establishing a foundation for the subsequent 4 years to build on.
- 7. Governance arrangements for your local transformation will be key.**  
The CCG should lead the development of the transformation plans along with key stakeholders. Can you make use of existing boards and groups, such as the CYP IAPT steering group, CAMHS partnership group, Local Health and Wellbeing Board, to drive the initiative whilst keeping its integrity? Will the group need funding to support its work – this should also be considered in the transformation plan bid.



